

Messages from the Masters



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A Special Message



My name is El-Marie; I'm a Reiki Master, Reiki and Crystal Healing therapist, life skills coach and teacher.

I cannot lay claim to the knowledge I have gained in life and say it belongs to me. Somehow all we need to know is given to us. In return, we must share, that which has been learned, discovered and revealed.

So often synchronicity has entered my life, in ways I cannot explain. Someone will come, offering a key to a door which must be unlocked and opened. There are so many halls of learning, knowledge and wisdom and there are many who come with keys to these doors.

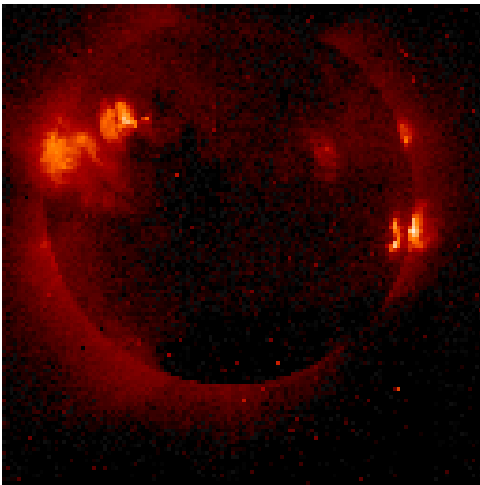
When the time is right, and when we are ready, the teacher will appear and we are shown and taught that which we need to know.

Pass this book on to anyone and everyone who you believe will benefit from it and I know that in the giving you will receive tenthousandfold more. I only ask that you do not change the content and send it on as is.



Confucious

"Be not ashamed of mistakes and thus make them crimes."



"Everything has its beauty but not everyone sees it."

"Forget injuries, never forget kindnesses."

"Respect yourself and others will respect you."

"It does not matter how slowly you go so long as you do not stop."

"I hear and I forget. I see and I remember. I do and I understand."

"Study the past if you would define the future."



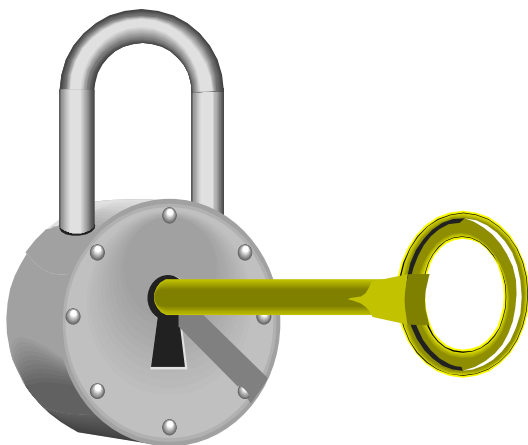
Einstein

"Imagination is more important than knowledge."

"I am convinced that He (God) does not play dice."

"Reality is merely an illusion, albeit a very persistent one."

"I never think of the future. It comes soon enough."



"The secret to creativity is knowing how to hide your sources."

"If A is a success in life, then A equals x plus y plus z. Work is x; y is play; and z is keeping your mouth shut."



Friedrich Nietzsche

"It is hard enough to remember my opinions, without also remembering my reasons for them!"

"No price is too high to pay for the privilege of owning yourself."



"You need chaos in your soul to give birth to a dancing star."

"One must have a good memory to be able to keep the promises one makes."

"To forget one's purpose is the commonest form of stupidity."

"When one has much to put into them, a day has a hundred pockets."

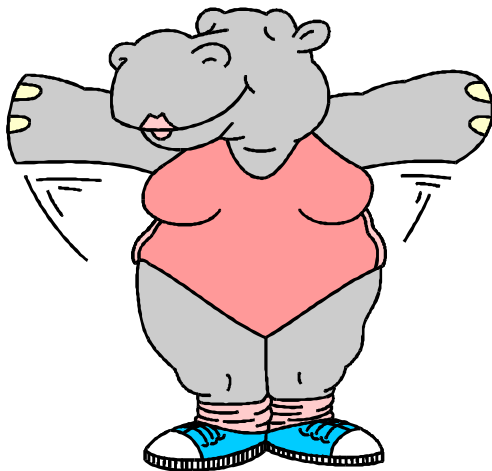


Oscar Wilde

"Always forgive your enemies; nothing annoys them so much."

"Anyone who lives within their means suffers from a lack of imagination."

"Arguments are to be avoided; they are always vulgar and often convincing."



"Fashion is a form of ugliness so intolerable that we have to alter it every six months."

"One can survive everything, nowadays, except death, and live down everything except a good reputation."

"It is a very sad thing that nowadays there is so little useless information."



Mohatma Ghandi

"As long as you derive inner help and comfort from anything, keep it."

"Freedom is not worth having if it does not include the freedom to make mistakes."



Mahatma Ghandi

"I want freedom for the full expression of my personality."

"You must be the change you want to see in the world."

"Strength does not come from physical capacity. It comes from an indomitable will."

"I believe in equality for everyone, except reporters and photographers."

"The weak can never forgive. Forgiveness is the attribute of the strong."



Benjamin Franklin

"A slip of the foot you may soon recover, but a slip of the tongue you may never get over."

"An investment in knowledge always pays the best interest."



"Do not anticipate trouble, or worry about what may never happen. Keep in the sunlight."

"Having been poor is no shame, but being ashamed of it, is."

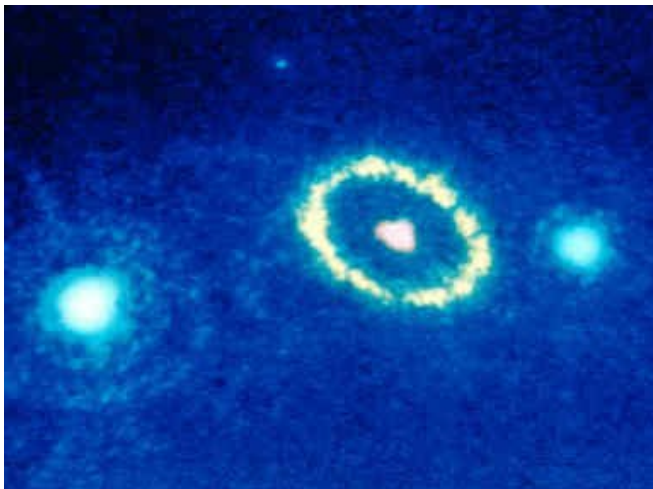
"Glass, china, and reputation are easily cracked, and never well mended."



Henry David Thoreau

"Our life is frittered away by detail. Simplify, simplify."

"Men are born to succeed, not fail."



"As if you could
kill time without
injuring eternity."

"Go confidently in the direction of your dreams! Live the life you've imagined. As you simplify your life, the laws of the universe will be simpler."



Aristotle

“Education is the best provision for the journey to old age.”

“Happiness depends upon ourselves.”

“It is the mark of an educated mind to be able to entertain a thought without accepting it.”



“One swallow does not make a summer, neither does one fine day; similarly one day or brief

time of happiness does not make a person entirely happy.”

“We are what we repeatedly do.”

“Pleasure in the job puts perfection in the work.”



Euripides



"The wisest men follow their own direction."

"The best and safest thing is to keep a balance in your life, acknowledge the great powers around us and in us. If you can do that, and live that way, you are really a wise man."

"Waste not fresh tears over old griefs."

"In case of dissension, never dare to judge till you've heard the other side."

"Leave no stone unturned."

"In this world second thoughts, it seems, are best."



Pope VI

"Somebody should tell us, right at the start of our lives, that we are dying. Then we might live life to the limit, every minute of every day. Do it! I say. Whatever you want to do, do it now! There are only so many tomorrows."

"Are there memories left that are safe from the clutches of phony anniversaries?"

"Everyone who got where he is had to begin where he was."



"Every mother is like Moses. She does not enter the promised land. She prepares a world she will not see."

"Technological society has succeeded in multiplying the opportunities for pleasure, but it has great difficulty in generating joy."

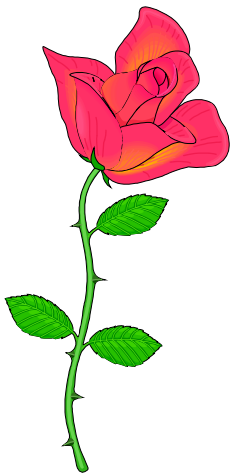
"Never give advice in a crowd."



Khalil Gibran

"Every man loves two women; the one is the creation of his imagination and the other is not yet born."

"God made Truth with many doors to welcome every believer who knocks on them."



"The optimist sees the rose and not its thorns; the pessimist stares at the thorns, oblivious of the rose."

"If you reveal your secrets to the wind you should not blame the wind for revealing them to the trees."

"Say not, 'I have found the truth,' but rather, 'I have found a truth.'"

"The lights of stars that were extinguished ages ago still reaches us. So it is with great men who died centuries ago, but still reach us with the radiations of their personalities."

"If indeed you must be candid, be candid beautifully."



cicero

"A happy life consists in tranquility of mind."

"Freedom is a possession of inestimable value."



"A mind without instruction can no more bear fruit than can a field, however fertile, without cultivation."

"Nature herself makes the wise man rich."

"Never go to excess, but let moderation be your guide."

"Natural ability without education has more often attained to glory and virtue than education without natural ability."

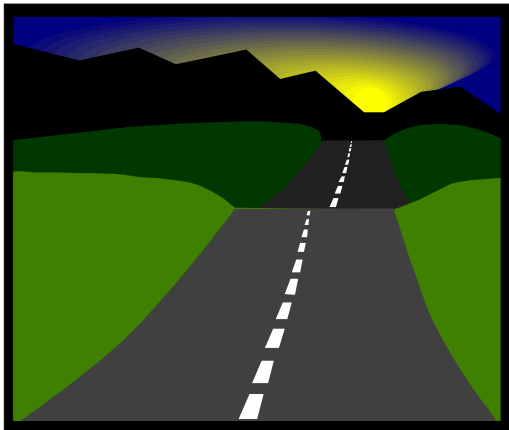
"Be sure that it is not you that is mortal, but only your body. For that man whom your outward form reveals is not yourself; the spirit is the true self, not that physical figure which and be pointed out by your finger."



Lao-Tzu

“When the people of the world all know beauty as beauty,
There arises the recognition of ugliness.
When they all know the good as good,
There arises the recognition of evil.”

“Seek not happiness too greedily, and be not fearful of
happiness.”



“A journey of a thousand miles
begins with a single step.”

“He who knows does not speak.
He who speaks does not know.”

“He who knows others is wise;
He who knows himself is enlightened.”



Dr Seuss

"Today you are You, that is truer than true. There is no one alive who is You-er than You."



"We are all a little weird and life's a little weird, and when we find someone whose weirdness is compatible with ours, we join up with them and fall in mutual weirdness and call it love."

"You know you're in love when you can't fall asleep because reality is finally better than your dreams."

"Be who you are and say what you feel because those who mind don't matter and those who matter don't mind."

"Don't cry because it's over. Smile because it happened."

"Anyone can give up, it's the easiest thing in the world to do. But to hold it together when everyone else would understand if you fell apart, that's true strength."

